

PAINTING YOUR PERSONAL MYTHOLOGY

Ongoing
Groups



Thursdays, 10 am to 1 pm, Oakland, CA.
Fall Session begins September 8, 2011

Painting Your Personal Mythology is an Expressive Art Therapy Method utilizing painting, guided visualization and journaling. It is designed to support you, the painter, in discovering the personal myths that you are living through. With this knowledge comes the possibility of making new choices in your daily life. No prior painting experience needed or required. All painting materials supplied. Bring your own journal and writing tools. \$50.00 per session.

Call or email Terry Hatcher @ 510-985-1174 or terryhatcher12@gmail.com. You may also read about the painting process and download registration materials @ eastbaywomenstherapyalliance.com.